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ROOT CANAL TREATMENT INSTRUCTIONS

1. IT IS NORMAL TO EXPERIENCE SOME THROBBING DISCOMFORT FOR THE FIRST COUPLE OF DAYS AFTER TREATMENT.
2. THIS THROBBING DISCOMFORT SHOULD SUBSIDE GRADUALLY OVER THE FIRST FEW DAYS.
3. WITH ANY ROOT CANAL TREATED TOOTH THE CROWN (TOP PORTION) OF THE TOOTH WOULD TEND IN TIME (FIVE-TEN YEARS) TO BECOME DRIED OUT AND BRITTLE AND WOULD NEED A CROWN TO PROTECT THE TOOTH FROM BREAKING. SOMETIMES THERE IS SO LITTLE LEFT TO RESTORE THE TOOTH, PARTICULARLY IN FRONT AND SIDE TEETH, THAT A POST CROWN (CAST GOLD POST THAT WOULD GO INTO THE ROOT OF THE TOOTH FOR SUPPORT AND YET STILL ALLOW ROOM FOR THE CROWN RESTORATION) WOULD HAVE TO BE CONSTRUCTED, TOO.
4. DO NOT HESITATE TO TAKE MOTRIN OR ADVIL TWO TABLETS EVERY FOUR HOURS FOR DISCOMFORT. YOU CAN TAKE ASPIRIN OR TYLENOL INSTEAD OF NUPRIN OR ADVIL IF YOU CANNOT TOLERATE THIS MEDICATION.
5. IF YOU EXPERIENCE A MEDICINAL TASTE FROM THE AREA OF THE ROOT CANAL PLEASE NOTIFY US.
6. WE TRY TO FILL THE ROOT CANAL AS CLOSE TO THE END OF THE ROOT AS POSSIBLE. IN DOING THIS SOME CEMENT MAY GO PAST THE END OF THE ROOT. THIS ACTUALLY HELPS THE TOOTH HEAL, BUT THIS CAN CAUSE MILD DISCOMFORT FOR UP TO ONE WEEK AFTER THE FILL. PLEASE DO NOT HESITATE TO TAKE MILD PAIN MEDICATION FOR THIS PERIOD, OR CALL US IF STRONGER PAIN MEDICATION IS NEEDED.
7. IF THE THROBBING DISCOMFORT (PRIOR TO FILLING THE ROOT CANAL) DOES GET SEVERE, PLEASE NOTIFY DR. SANDERS. WE CAN DO SOMETHING FOR YOU. (YOU CAN IN AN EMERGENCY REMOVE THE TEMPORARY FILLING. THIS WILL RELIEVE THE PRESSURE BUILDUP AND, THEREFORE THE PAIN WITHIN THE TOOTH.) YOU SHOULD NOTIFY DR. SANDERS BEFORE DOING THIS. DR. MARTIN SANDERS CAN BE PAGED AT 630-670-0930 OR DR. DAVID SANDERS CAN BE PAGED AT 847-668-1658.